Central Ohio Gymnastics Center

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Gymnastics:
Recreational
Classes and
Competitive Team
Programs

Birthday Parties Trampoline and
Tumbling (TNT):
Recreational Classes
and Competitive
Team Programs

2023-2024 School Year Session Dates

Session 1 August 7 - October 14
Session 2 October 15 - December 23
Session 3 January 7 - March 16
Session 4 March 17 - May 25

RECREATIONAL PROGRAMS:

G1 4	11/4 2	\$175	
Skippers	$1\frac{1}{2}$ to 3 years of age (PARENT PARTICIPATION)		
Leapers	$1\frac{1}{2}$ to 3 years of age (NO PARENT PARTICIPATION)		
Cartwheelers	4 and 5 years of age	\$175	
Aerials*	4 to 7 years of age	\$185	
Hot Shots/Pre Team***	4 + years of age	\$245	
Benders (Beginners)	6+ years of age	\$185	
Kippers (Beginners)	9+ years of age	\$185	
Twisters*	7+ years of age	\$200	
Flippers *	7+ years of age	\$200	
Homeschool	5+ years of age, all level	\$185	
Middle/High School	Must be in middle or high school	\$245	
Tumbling	6+ years of age	\$185	
Intermediate Tumbling**	6+ years of age	\$185	
Middle/High School Tumbling	Tumbling	\$185	
TNT Bouncers	2 and 3 years of age (trampoline and tumbling, parent participation if needed)	\$175	
TNT Jumpers	4 to 7 years of age (trampoline and tumbling)	\$175	
TNT Flyers	6+ years of age (trampoline and tumbling)	\$185	
Tumble Stars***	4-6 years of age (trampoline and tumbling, pre competitive)	\$220	
Flip Stars***	7+ years of age (trampoline and tumbling, pre competitive).	\$220	

^{*}must be placed by a coach

^{**} must have bridge kickover prior to starting class

^{***}Beginner competitive. See office for placement and additional info.

GYMNASTICS CLASS SCHEDULE

Mondays:	TNT Jumpers Cartwheelers	4:55 - 5:40pm 5:15 - 6:00pm	701 I		10.15 11.00
	Benders	5:50 - 6:50pm	Thursdays:	Cartwheelers Leapers	10:15 - 11:00am 11:15am - 12:00pm
	Skipper	6:10 - 6:55pm		Homeschool	1:00 - 2:00pm
	MS/HS Kipper	7:00 - 9:00pm 7:00 - 8:00pm		11011165611001	1.00 2 .00pm
	Kippei	7.00 - 8.00pm		Int. Tumbling	4:30 - 5:30 pm
Tuesdays:	Aerials	4:20 - 5:20pm		Benders	4:40 - 5:40pm
•	Twisters	5:10 - 6:25pm		Skippers	5:15 - 6:00pm
	Cartwheelers	5:25 - 6:10pm		Tumbling	5:50 - 6:50pm
	Hot Shots	5:30 - 7:30pm		Cartwheelers	6:10 - 6:55pm
	Pre Team	5:30 - 7:30pm		Benders	7:00 - 8:00pm
	Leaper	6:20 - 7:05pm		Cartwheelers	7:05 - 7:50pm
	Flippers	6:35 - 7:50pm		Twisters	7:05 - 8:20pm
	Cartwheelers	7:15 - 8:00pm			
	HS Tumbling	8:00 - 9:00pm			
			Saturdays:	Benders	9:15 - 10:15am
Wednesdays:	MS/HS	4:45 - 6:45pm		Skippers	9:00 - 9:45am
	TNT Jumpers	5:25 - 6:10pm		Cartwheelers	9:55 - 10:40am
				Aerials	10:50 - 11:50am
	TNT Flyers	6:20 - 7:20pm		Twisters	10:25 - 11:40am
	TNT Flyers	7:30 - 8:30pm			
	Flip Stars	6:00 - 7:30pm			
	Tumble Stars	6:00 - 7:30pm			

Discounts: Each child gets 25% off the second and third class per week. \$10 off any school year session for first sibling, \$20 off second sibling, \$30 off the third sibling.

Refunds: No refunds will be given once the session has begun for returning students or after the first no commitment trial class for new students.

Ask us about Birthday Parties, Sleepovers, Camps, and Special Group Programs for Boy Scouts, Girl Scouts, Churches, and Schools!

^{*}Class schedules are subject to change depending on class size.

^{*}Currently enrolled students are allowed unlimited makeups that must be scheduled in advance via the JackRabbit portal.