

Central Ohio Gymnastics Center

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Gymnastics:
Recreational
Classes and
Competitive Team
Programs

**Birthday
Parties**

**Trampoline and
Tumbling (TNT):**
Recreational Classes
and Competitive
Team Programs

2022-2023 School Year Session Dates

Fall September 11 - November 5 (8 Weeks)
Winter 1 November 6 - December 17 (6 Weeks -No Class On Thanksgiving)
Winter 2 January 1 - February 25 (8 Weeks)
Spring 1 February 26 - April 8 (6 Weeks)
Spring 2 April 9 - May 27 (7 Weeks)

RECREATIONAL PROGRAMS:

		Number Of Weeks In Session:	6	7	8
Skippers	1 ½ to 3 years of age (PARENT PARTICIPATION)		\$95	111	127
Leapers	1 ½ to 3 years of age (NO PARENT PARTICIPATION)		\$95	111	127
Cartwheelers	4 and 5 years of age		\$95	111	127
Aerials*	4 to 7 years of age		\$100	117	134
Hot Shots/Pre Team***	4 + years of age		\$128	150	171
Benders (Beginners)	6+ years of age		\$100	117	134
Kippers (Beginners)	9+ years of age		\$100	117	134
Twisters*	7+ years of age		\$108	126	144
Flippers *	7+ years of age		\$108	126	144
Middle/High School	Must be in middle or high school		\$128	150	171
Tumbling	6+ years of age		\$100	117	134
Intermediate Tumbling**	6+ years of age		\$100	117	134
Middle/High School Tumbling	Tumbling		\$100	117	134
TNT Bouncers	2 and 3years of age (trampoline and tumbling, parent participation if needed)		\$95	111	127
TNT Jumpers	4 to 7 years of age (trampoline and tumbling)		\$100	117	134
TNT Flyers	6+ years of age (trampoline and tumbling)		\$100	117	134
Tumble Stars***	4-6 years of age (trampoline and tumbling, pre competitive)		\$115	135	154
Flip Stars***	7+ years of age (trampoline and tumbling, pre competitive).		\$115	135	154

*must be placed by a coach

** must have bridge kickover prior to starting class

***Beginner competitive. See office for placement and additional info.

\$40 ANNUAL REGISTRATION FEE PER STUDENT

GYMNASTICS CLASS SCHEDULE

Mondays:	TNT Jumpers	4:40 - 5:40pm			
	Cartwheelers	5:15 - 6:00pm			
	Aerials	5:30 - 6:30pm		Thursdays:	Skippers
	Benders	5:50 - 6:50pm			9:15 - 10:00am
	Skipper	6:10 - 6:55pm			Cartwheelers
	Benders	6:40 - 7:40pm			10:15 - 11:00am
	MS/HS	7:00 - 9:00pm			Leapers
	Kipper	7:05 - 8:05pm			11:15am - 12:00pm
Tuesdays:	Aerials	4:35 - 5:35pm			Int. Tumbling
	Twisters	5:10 - 6:25pm			4:30 - 5:30 pm
	Cartwheelers	5:25 - 6:10pm			Benders
	Hot Shots	5:45 - 7:45pm			4:40 - 5:40pm
	Pre Team	5:45 - 7:45pm			Tumble Stars
	Leaper	6:20 - 7:05pm			5:05 - 6:35pm
	Aerials	6:40 - 7:40pm			Skippers
	Flippers	6:40 - 7:55pm			5:15 - 6:00pm
	Cartwheelers	7:15 - 8:00pm			Flippers
	HS Tumbling	8:00 - 9:00pm			5:40 - 6:55pm
					Tumbling
					5:50 - 6:50pm
					Cartwheelers
					6:10 - 6:55pm
					Flip Stars
					6:45 - 8:15pm
					Benders
					7:00 - 8:00pm
					Cartwheelers
					7:05 - 7:50pm
					Twisters
					7:05 - 8:20pm
Wednesdays:	MS/HS	4:45 - 6:45pm		Saturdays:	Benders
	TNT Jumpers	5:10 - 6:10pm			9:15 - 10:15am
	TNT Bouncers	5:15 - 6:00pm			Skippers
	Skippers	6:10 - 6:55pm			9:00 - 9:45am
	TNT Flyers	6:20 - 7:20pm			Cartwheelers
	Cartwheelers	7:05 - 7:50pm			9:55 - 10:40am
	TNT Flyers	7:30 - 8:30pm			Aerials
					10:50 - 11:50am
					Twisters
					10:25 - 11:40am

*Class schedules are subject to change depending on class size.

*Please let us know if there isn't a time that works for you. We MAY be able to add or change a class.

*Currently enrolled students are allowed unlimited makeups that must be scheduled in advance via the JackRabbit portal.

Discounts: Each child gets 50% off the second and third class per week. \$10 off any school year session for first sibling, \$20 off second sibling, \$30 off the third sibling. \$5 off any summer session for the first sibling, \$10 off second sibling, \$15 off third sibling.

Ask us about Birthday Parties, Sleepovers, Camps, and Special Group Programs for Boy Scouts, Girl Scouts, Churches, and Schools!